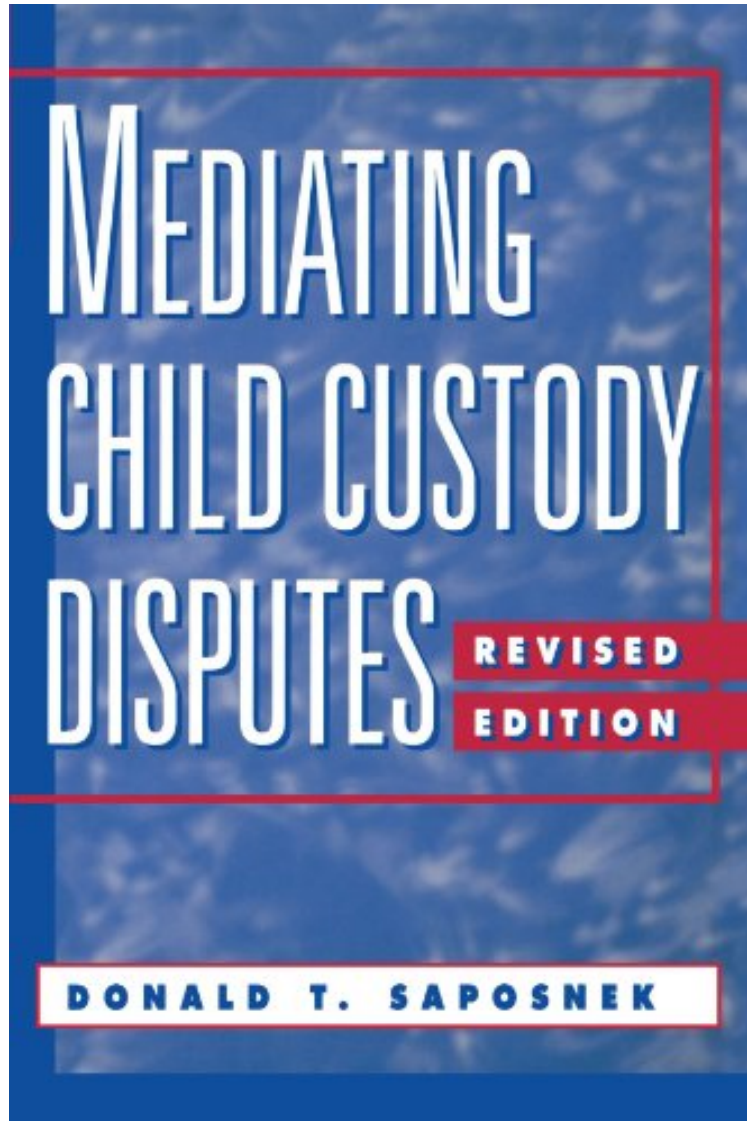


# Mediating Child Custody Disputes: A Strategic Approach

*Donald T. Saposnek*

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**Donald T. Saposnek : Mediating Child Custody Disputes: A Strategic Approach** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mediating Child Custody Disputes: A Strategic Approach:

0 of 0 people found the following review helpful. The author does a good job of sharing his years of experience and covers ...By EarningLoyaltyThe author does a good job of sharing his years of experience and covers many areas of divorce that readers will have great benefit. However, I didn't give 5 stars because about 30% of parents who divorce, are in a high conflict divorce that from a spouse who has a mental illness, and yet the author doesn't mention any

personality disorders - which are critical to understand when in mediation (even if you don't have a medical diagnosis for that parent as most don't not submit themselves to be diagnosed). Long accepted research indicates that about 10% of the adult population has a narcissistic or borderline personality disorder, or both. I have empathy for these people, they did not ask to have a personality disorder, and they suffer from it. You can probably reflect on what you know about your ex-spouse's childhood the possible causes for their disorder and their current family relationships to recognize and validate that they have one. Tell-tale sign - that just aren't rational anymore. Since it is inherent with both disorders there is a lack of self-insight to recognize that there is something wrong with them, they never see a need to seek treatment - so they never get "better". With both disorders, they have an underlying core belief of personal inadequacy and anticipated abandonment - which scares them deeply and drives their insidious behavior with the children. Also unfortunate is that in a divorce situation, their personality disorder prevents them from any ability to recognize that their child's own mental health will be severely damaged if the other parent is prevented from having a normal parenting role in their life - or worse, the child is manipulated to fear and hate the other parent. The narcissistic/borderline parent is driven by their own core fear and will do ANYTHING to prevent the child from having ANY relationship with the other parent, including lying to the child, lying to courts, and manipulating the child to hate the other parent. The common term for this is parental alienation. Search "parental alienation" on and you will see 250+ books. Many books focus on describing what parental alienation is and how that parent does it. I recommend 2 books that include the critical guidance on steps you can take to reduce / prevent parental alienation, they are by authors Amy J. L. Baker, PhD and Bill Eddy, LCSW, JD. Act quickly by getting educated and stopping the alienation before it gets to deeply ingrained in their highly susceptible brains. Your children need you to act right now to buy and read those books and/or research parental alienation online and on YouTube. You are likely exhausted by the challenges of divorce and money is tighter than ever, but the EFFORT and financial investments you make now (in a lawyer who specializes in parental alienation - they are rare, test them on their experience and knowledge), will save you huge money and heartache (for you and your kids) in the long run. Good luck. 1 of 7 people found the following review helpful. Probably great for professionals. By Kelly Evans This is for the people I have to face. I am more aware of what they should be doing, but how do I move them into the right direction if we are assigned someone who hasn't read this book.

Effective Mediation Seasoned mediator Donald Saposnek has revised and updated his classic primer which offers the most current information on issues and procedures concerning child custody mediation and includes important updates on new research and laws. Using metaphors drawn from Aikido, Saposnek's compassionate book offers guidance for developing the essential therapeutic skills and mediation techniques that will help solve difficult problems and create cooperation.