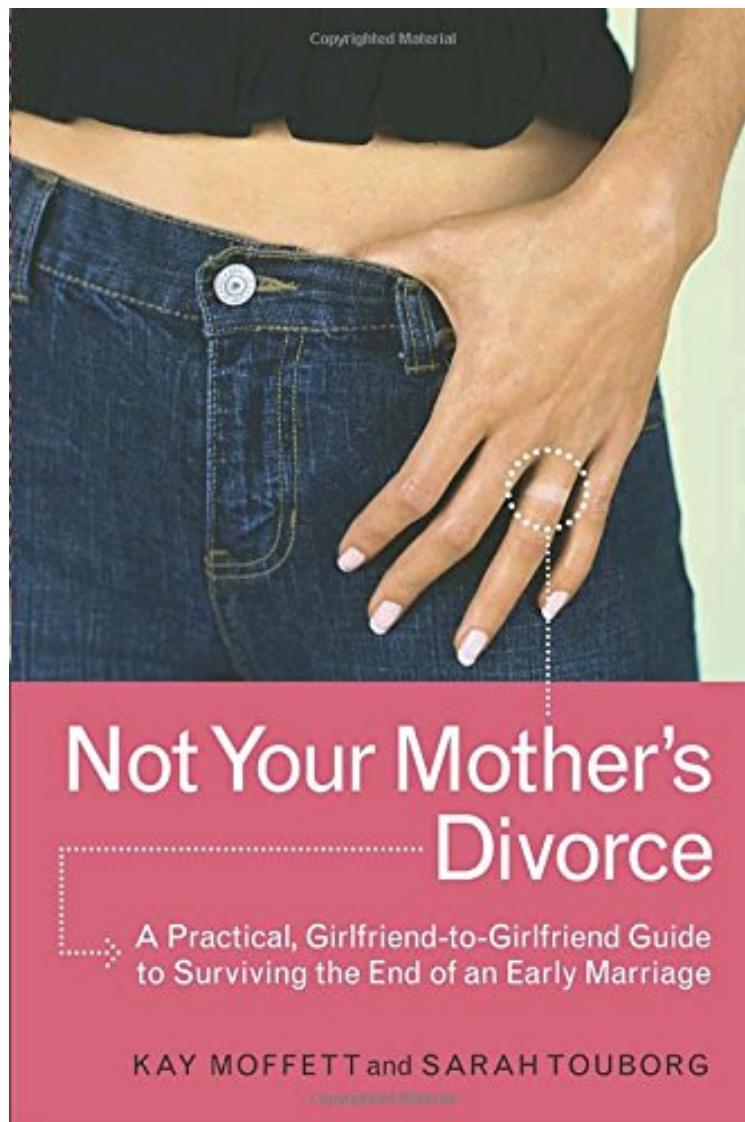


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## Not Your Mother's Divorce: A Practical, Girlfriend-to-Girlfriend Guide to Surviving the End of a Young Marriage

*Kay Moffett, Sarah Touborg*  
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**Kay Moffett, Sarah Touborg : Not Your Mother's Divorce: A Practical, Girlfriend-to-Girlfriend Guide to Surviving the End of a Young Marriage** before purchasing it in order to gage whether or not it would be worth my time, and all praised Not Your Mother's Divorce: A Practical, Girlfriend-to-Girlfriend Guide to Surviving the End of a Young Marriage:

2 of 2 people found the following review helpful. A must read!By anonymousLOVED this book. I wasn't sure if it was what I was looking for, but as soon as I started it, I couldn't put it down. As a soon to be divorcee in my late twenties, this book was really something I could relate too. The authors understand what you are going through and really give you hope for the future. I'm already halfway through re-reading it for the second time, and it won't be the last. The only thing that was missing from this book is that it is written for women without children. It would be great if they had a section for us young mothers too. Other than that I loved the book.0 of 0 people found the following review helpful. Like having a good coach...By jentravelsAmazing!!!! Being the first person amongst my friends to go through something like this, this book has been invaluable. Reading this book has calmed my anxiety about explaining the process of separation/ divorce. I would highly recommend this book. Also hearing all the different situations other women have been through makes you feel like your going to survive the heartache uncertainty.2 of 2 people found the following review helpful. Still helpful more than a year laterBy CustomerAlthough we'd been together 8+ years, I was still only 30 when we split, and had no idea how to handle some of the situations and most of the feelings. No kids, just lives and 'things' shared, etc.. This book was tremendously helpful when the decision was made and the 'now what' portion of the split started. The best part was--a year-plus later when I was hitting a critical but tricky new phase of moving on--I remembered some of the things I'd been thinking about lately and going through were mentioned in the later chapters of the book (all good things, but things new nonetheless!). Even though they weren't very applicable at the time (I couldn't see past the current state of feelings to imagine a time when it wouldn't royally suck), more than a year later I re-read those chapters (and earlier ones, too), and realized not only what a valuable book this was at the time, but still is today. Highly recommended, and a great gift to girlfriends going through the same situation (post decision). You couldn't say it any better, and they'll thank you for the support.

No matter what your age, divorce is one of life's greatest challenges. But while your parents, friends, and lawyers may be chock-full of advice, the truth is that young women who divorce today face a brand-new set of issues and possibilities far removed from those of women a generation before. If you're looking for a fresh, empowering, and thoroughly modern guide to starting this new chapter of your life, *Not Your Mother's Divorce* offers the ultimate roadmap--from wading through legal jargon to getting back into society--as told by your best girlfriends who've been there. Based on the experiences of more than thirty women who divorced in their twenties and thirties without children, *Not Your Mother's Divorce* offers camaraderie and practical counsel on: Breaking the news to family and friends Coping with sudden singledom from living arrangements to changing your name Protecting yourself financially and dividing your assets Legalese 101 making the legal process work for you Reentering the dating scene How to handle encounters with your ex Warm and insightful, *Not Your Mother's Divorce* gives you the tools to find your way through this difficult time and emerge a stronger, wiser, happier you.

"By offering up pithy and poignant descriptions of their own early divorces, Sarah Touborg and Kay Moffett have infused their new guide with enough humor and detail to give it the life-like quality of literature. ...Offering brass-tacks advice on legal and financial matters with enough life experience and empathy to qualify them as 'experts,' the authors console and teach with real insight and sensitivity for those going through one of life's biggest hardships, and every divorcee would benefit from reading this engrossing, chatty guide."-- BUST, December 2003 "Moffett and Touborg understand what it's like to deal with sudden "singledom" and the feelings that accompany it. In their down-to-earth guide, they help young divorcees tackle both legal and emotional problems in a tone that is by turns chatty and straightforward. Overwhelming issues are discussed with authority and sensitivity. Highly recommended."--Library Journal, October 1, 2003 "They [the authors] offer compassionate and no-nonsense advice on everything from sharing the news about the breakup, and what to do with the wedding album, to re-entering the dating world and getting re-married."--Bergen Record, August 5, 2003 "Not Your Mother's Divorce offers the best kind of book therapy: comforting, informative, and practical advice for a new generation of divorcees."--Pamela Paul, author of *The Starter Marriage and the Future of Matrimony* "Not Your Mother's Divorce is a witty, knowledgeable and compassionate book. A standout performance."--Mel Krantzler, Ph.D., author of *The New Creative Divorce* "Twenty-something never-marrieds have their guides and gurus, as do their older newly-single counterparts. But how does Holly go lightly back into the world when her starter marriage ends? Moffett and Touborg's witty, informed, true-to-real-life handbook will tell her everything she needs to know, all tied up with a big shiny bow of we've-been-there compassion." --Lynn Harris, co-creator of *BreakupGirl.net* and author of *Breakup Girl to the Rescue! A Superhero's Guide to Love, and Lack Thereof* From the Inside Flap No matter what your age, divorce is one of life's greatest challenges. But while your parents, friends, and lawyers may be chock-full of advice, the truth is that young women who divorce today face a brand-new set of issues and possibilities far removed from those of women a generation before. If you're looking for a fresh, empowering, and thoroughly modern guide to starting this new chapter of your life, "*Not Your Mother's Divorce* offers the ultimate roadmap--from wading through legal jargon to getting back into society--as told by your best girlfriends who've been there. Based on the experiences of more than thirty women who divorced in their twenties and thirties without children, "*Not Your Mother's Divorce* offers camaraderie and practical counsel on: Breaking the news

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Protecting yourself financially and dividing your assets  
Legalese 101--making the legal process work for you  
Reentering the dating scene  
How to handle encounters with your ex  
Warm and insightful, "Not Your Mother's Divorce gives you the tools to find your way through this difficult time--and emerge a stronger, wiser, happier you.  
From the Back Cover  
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