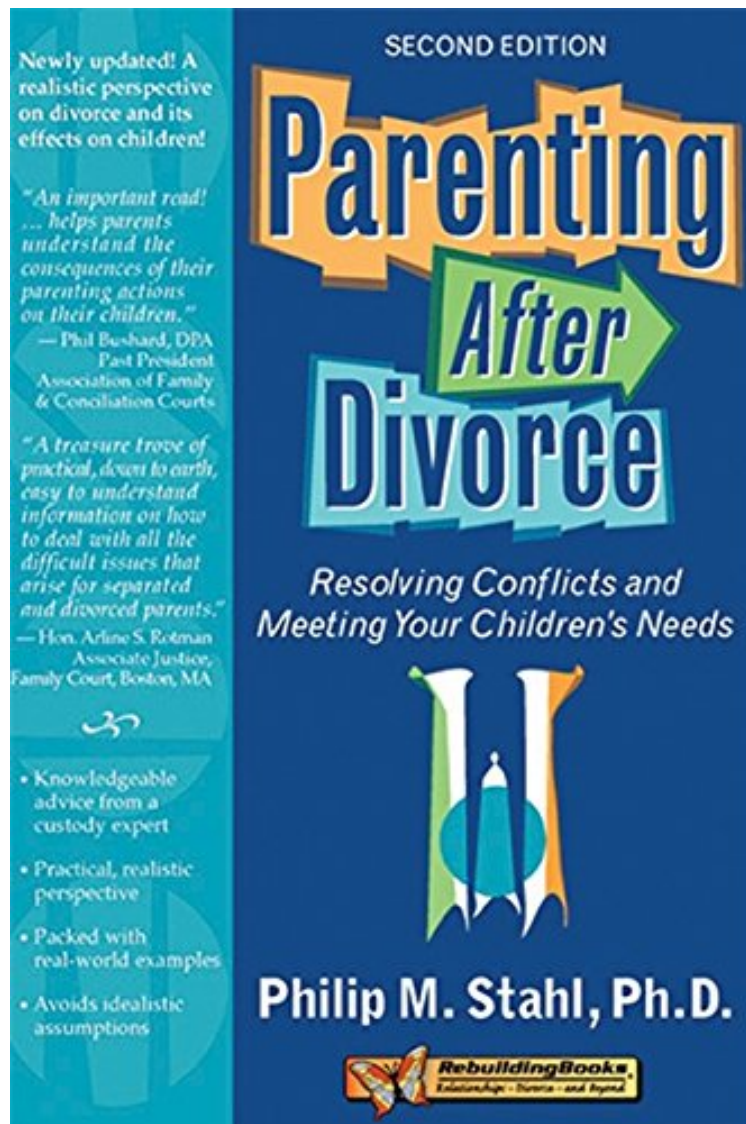


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## Parenting After Divorce: Resolving Conflicts and Meeting Your Children's Needs (Rebuilding Books)

Philip Stahl PhD

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Your divorce doesnt have to damage your children, Stahl assures, ... especially if you limit your childrens exposure to your conflicts. He knows parents are not perfect, and he uses that knowledge to show imperfect parents how to settle their differences in the best interests of the children. This revised and updated second edition features ideas from the latest research, more information on long-distance parenting, dealing with the courts, and working with a difficult co-parent. A realistic perspective on divorce and its effects on children, Parenting After Divorce features knowledgeable advice from an expert custody evaluator. Packed with real-world examples, this book avoids idealistic assumptions, and offers practical help for divorcing parents, custody evaluators, family court counselors, marriage and family therapists and others interested in the best interests of the children.

A wise and practical book for divorcing parents that shows they really can keep the children out of the middle of their conflict. Andres Schepard, JD, Hofstra University